



Northland Swim Club Pool Rules

Pool Rules:

The following rules and regulations have been adopted by the board of trustees for the safe and sanitary operation of the pool. Since each of us is part owner, each of us should familiarize himself/herself with the rules and regulations to your children so they will thoroughly understand them.

Violators shall be subject suspension of swimming privileges or whatever disciplinary actions may be necessary.

At all times personal conduct in the pool, and other facilities, but be consistent with good health and safety practices, with good discipline, and with good taste.

Pool Hours

Monday – Sunday 12pm to 7pm

Pool shall be closed by the manager on duty due to inclement weather.

Members, Children and Guests

1. Members must show proper identification under any circumstances
2. Guests fees are as follows:
 - a. \$5.00 per person everyday if accompanied with a member
 - b. \$3.00 per person after 5pm if accompanied with a member.
 - c. \$10.00 per person everyday if not accompanied by a member.
3. Children under 8 will not be permitted on the club grounds, unless at all times under direct supervision of a parent or other responsible person 15 years of age or older, who will be responsible for the safety and conduct of such children. Lifeguards under no circumstances shall act or be expected to act as babysitters or caretakers of children. The club will not assume responsibility of any child.
4. No children 5 years of age or older will be permitted in the baby pool or on the animals.
5. Bathing suits are required. No boxers, shorts with underwear underneath, sports bra's, and etc. No Exceptions.

Health Measures

1. Admissions to the pool may be denied to any person suffering any skin disease or open sores.
2. Unnecessary spitting, blowing nose, or spouting of water will not be permitted.
3. Excessive use of lotions or creams before going into the pool is to be discouraged. This causes heavy demand of the filter and chlorinator.
4. Do not eat or drink too much before going swimming.
5. Help keep the area clean and sanitary by disposing of all trash in trash containers.

6. No intoxicants will be permitted on club grounds.
7. 15 minute rest periods will be taken every hour. Anyone 18 and over may swim during rest break. Mothers and fathers with children under 2 years of age are also permitted in the pool at this time.
8. No smoking on the pool grounds unless you are 18 years of age or older. Ash trays are available in the office.

Safety Measures of the Pool

1. Do **Not** run anywhere in the pool area.
2. Do **Not** talk to the guards on duty.
3. Do **Not** push or throw anyone in the pool.
4. Do **Not** jump backwards or do back flips from the side of the pool.
5. Do **Not** dunk or hold anyone under the water.
6. Do **Not** jump across other swimmers or play tag.
7. Do **Not** play in the red areas under the slides.
8. **No** diving from the sides of the pool. (STATE CODE)
9. Floatation devices are only permitted between the hours of 5pm and 7pm.
10. Please do not hold onto or pull on the ropes.
11. No towel snapping is permitted.
12. Do **Not** splash people who are on the deck.
13. **No** pushing, wrestling, horse play, rowdyism, or rough play will be permitted in or around the pool.
14. Deep end of the pool is for qualified swimmers only.

Safety Measures of the Diving Area

1. **No** diving from the high dive. (STATE CODE)
2. **No** diving from the sides of the pool. (STATE CODE)
3. Stay off the diving board except to dive.
4. Only one person at a time on the diving board. Wait on the concrete for your turn.
5. Do **Not** double bounce of the diving board.
6. Do **Not** diving or jump of the side of the diving boards.
7. Dive straight off the board and swim to the nearest ladder. Sit dives and back dives are **Not** permitted.
8. Look before you dive. Watch out for divers already in the water.
9. **No** swimming under the diving boards.
10. **No** floatation devices will be permitted in the diving area at any time.

Safety Measures of the Slides

1. Stay off the slide except when using them
2. Only **ONE** person on the slide at a time.
3. After sliding swim out of the red area.
4. **No** swimming under the slides.
5. Look before you slide. Watch out for swimmers already in the water.
6. A swimmer, who is using the **big slide**, must be sitting up or head first on your stomach looking at the water.
7. A swimmer, who is using the **small slide**, must be sitting up only.

Pool Grounds

1. All trash and refuse should be placed in the trash receptacles.
2. **No** glass containers, glass bottles or similar articles will be permitted on club.
3. Parking in the lot will be restricted to members, their families and their guest. Unauthorized vehicles will be towed at the owner's expense in accordance with city code.
4. Parking of bicycles, automobiles and other vehicles shall be in areas as designated.
5. No pets will be permitted within the fenced areas.
6. **Speed limit in parking lot is 10 mph.**

For violation of the above rules the following action may be taken:

1. Warning by the guard.
2. Sit behind guard chair until released.